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American Record Attempts at Oregon Championships

BLUE RIVER, OR – Two athletes will be attempting to break American records at the USATF Oregon 1 Hour Run Championships on Saturday, September 7th, 2019 at the McKenzie Community Track and Field facility in Blue River, Oregon. The race starts at 3:00 PM to take place during the post-race festivities for the McKenzie River Trail Run 50K held earlier in the day.

Athletes will run as far as they can on the track in 1 hour, with results and records based on distance covered.

67-year-old Suzanne Ray of Jacksonville, Oregon will attempt to break the American record for the 65 to 69 age group of 11,795 meters (7.33 miles). An accomplished runner, Ray qualified for the 1992 and 1996 Olympic Trials, holds a marathon best of 2:40:42, and was the overall winner of the Bangkok marathon at age 41. Ray already holds the American road race record in the 30K in two different age groups and has won multiple national championships in masters running. She will be accompanied in her 1-hour record attempt by her daughter Mercy Ray, the Pear Blossom 5K record holder.

52-year-old Craig Godwin of Eugene, Oregon will be attempting to break three American records in one race in the 50-54 age group, a similar feat to what he accomplished on this track on the same weekend in 2017. He will attempt to break his own track 15,000m record and then continue to the 10-mile and 1-hour records which have stood for over 40 years. Godwin returned from a major heart attack in 2011 and three foot surgeries to win two national masters championships, set three American records, and this year he is ranked #1 in the world in the 10,000m in his age group with a time of 32:43.

Additional information can be found at <http://www.FasterRunning.com/1HourRace/>